



CAPE BRETON

HIGHLANDERS

GAME DAY

2018 OFFICIAL CAPE BRETON HIGHLANDERS GAME PROGRAM

#FEAR
THE
CAPE



NBL

PRO

BASKETBALL



Joining next season
Sudbury, ON



Our team name and logo are inspired by the beauty of the Cape Breton Highlands and the history and bravery of The Cape Breton Highlanders military regiment.

“Basketball is our product,
but community is our
mission!”

Each NBL team may have up to 12 active players on the roster and 3 players in reserve. At least 5 players must be Canadian.



CREDIT UNION

SYDNEY



You Tube



 HighlandersBasketball.ca

 [HighlandersBasketball](https://www.facebook.com/HighlandersBasketball)

  [@cbHighlanders](https://twitter.com/cbHighlanders)

Watch all NBL games live or recorded!
Follow YouTube link on HighlandersBasketball.ca





HIGHLAND **GIRLS** DANCE TEAM

FROM LEFT Jessica Smith, Ashlyn Macneil, Danielle Flynn, Michaela Berger, Saralyn Burke, Catherine Green, CHOREOGRAPHY by Lucy Wintermans

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Discover what's happening right now on Cape Breton Island by following our Website, Facebook, or Twitter with your phone, tablet, or computer.



M. Lee Cohen & Associates

The official immigration law firm
for the Cape Breton Highlanders

☎ 902.423.2412





Best of luck to the
Cape Breton Highlanders from
BURGER KING, Welton Street.

Home of the
WHOPPER

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\$10.99 2 CAN DINE

*Buy (2) WHOPPER® Sandwiches†, (2) medium french fries and (2) medium soft drinks for \$10.99 (plus tax).



8755 WHOPPER SANDWICH

†Please mention coupon before ordering. Single meal at regular price on menu. †Not valid on specialty versions of this sandwich. Limit one per customer per visit. Not to be used with any other coupons or offers. Valid at participating BURGER KING® Canada restaurants only. See tax applies. TM & © 2016 BURGER KING CORPORATION. USED UNDER LICENSE. ALL RIGHTS RESERVED. *Coca-Cola Ltd. used under license. OFFER EXPIRES MAY 31, 2016.

\$3.79 WHOPPER Jr.® MEAL

*Buy (1) WHOPPER JR.® Sandwich† with medium french fries and a medium soft drink for only \$3.79 (plus tax).



9051

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BRUCE MASSEY #1

6'3" Guard 27 yo, Germantown, MD
Middle Tennessee State University
NBA G League



KYLE DESMARAIS #3

6'3" Guard 30 yo, Montreal, QC
Bishop's & Concordia University
Canadian Development National Team



ANTONIO BIGLOW #5

6'0" Guard 28 yo, Los Angeles, CA
Montana State University
Drew League Los Angeles



RICK BODIFORD #6

6'5" Forward 30 yo, Louisville, KY
Indiana University Southeast
NBL (3 Teams)



TYDRAN BEATY #8

6'7" Forward 28 yo, Union, SC
Benedict College
NBL and Globetrotters



JAMAL REYNOLDS #9

6'4" Guard 23 yo, Toronto, ON
Canisius College
Canadian Junior National Team



MALIK STORY #10

6'5" Guard 28 yo, Pasadena, CA
University of Nevada
NBL



DUKE MONDY #11

6'4" Guard 26 yo, Grand Rapids, MI
Oakland University
NBA G League



JOHN SYLLIBOY #12

5'11" Guard 19 yo
Eskasoni, NS
Sydney Academy High School



KEVIN LOISELLE #13

6'6" Forward 29 yo, Montreal, QC
University of Maine
NBL (3 Teams)



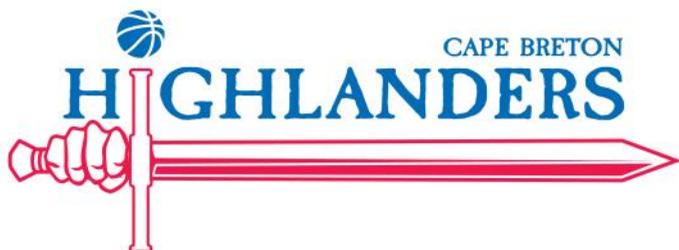
SHANE OSAYANDE #22

6'6" Forward 24 yo
Toronto, ON
University of Saskatchewan



CHRIS BRASWELL #32

6'9" Center 28 yo, Seat Pleasant, MD
U of North Carolina at Charlotte
NBA G League



 HighlandersBasketball.ca

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TYRONE LEVINGSTON
PRESIDENT & GM
Detroit, MI



ROB SPON
HEAD COACH
Pittsburgh, PA



TIM GILES
ASSISTANT COACH
Detroit, MI



NOAH LAROSE
TEAM ASSISTANT
Sydney, NS



LINDSAY HUNTER IV
5'10" Guard 22 yo
Detroit, MI
Jackson State University



Highlanders merchandise is available at every home game and on our website



VISITING TEAM ROSTERS & HIGHLANDERS UPDATES

TWO WAYS TO VIEW TEAM ROSTERS



Fans are invited to meet the Highlanders players and Highlandgirls dancers after every game for free photos and autographs!

Scan QR Code or visit HighlandersBasketball.ca/rosters

Visit the Centre 200 main concourse where you can take a photo of the roster.





YMCA of
Cape Breton





You Tube

Watch all NBL games live or recorded!
Follow YouTube link on HighlandersBasketball.ca



THE BRETON LAW GROUP

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BASKETBALL BASICS



START CLOCK

NBL games are four 12-minute quarters for a total of 48 minutes.



STOP CLOCK

Clock stops on violations, time-outs, and at the end of a quarter.



TIME-OUT

Each team gets 6 time-outs, and each game has 2 media time-outs. Time-outs are 100 seconds.



JUMP BALL

When players on opposing teams are holding the ball at the same time. The ball is awarded to each team in turn (alternating possession).



SUBSTITUTION

When a player replaces another player on the court. Up to 5 players are allowed on the court for each team. The NBL allows 12 players on a team plus 3 reserves.



BECKONING

When a referee signals a player or team to come on to the court.



1 POINT

A free throw is 1 point. 3 defensive players and 2 offensive players (plus the shooter) are allowed to line up for a free throw. Players may not enter the key until the ball leaves the hands of the shooter. The shooter and all other players may not cross the free throw line until the ball hits the rim.



2 POINT

A field goal made while the clock is running from anywhere on the court inside the 3-point line (arc) is worth 2 points.



3 POINT

A field goal made while the clock is running from outside (behind and not on) the 3-point line (arc) is worth 3 points.



3 POINT (SUCCESS)

A signal to the scorers' table that a made field goal is worth 3 points.



CANCEL SCORE

When a referee signals that the field goal that was just made does not count. This may occur if the ball was in the player's hands when time expired or if a charging foul is called on the shooter.



RESET SHOT CLOCK

Teams have 24 seconds to shoot the ball once they have possession. If the ball hits the rim of the basket, the shot clock is reset.



PLAYER FOUL

When a player comes into physical contact with another player in a way that violates the rules. A player foul that is committed in the act of shooting results in 2 or 3 free throws. A player that commits 6 fouls is out of the game. When a team commits 7 fouls, every subsequent foul results in 2 free throws instead of a throw in.



DOUBLE FOUL

When two opponents commit personal fouls against each other at approximately the same time.



TECHNICAL FOUL

When a player or coach violates general rules of conduct, or demonstrates excessive physical contact. Penalty is 1 or 2 free throws and possession of the ball. Ejection from the game is also possible.



PUSHING

When a player initiates physical contact to move an opponent with or without the ball.



BLOCKING

When a player initiates physical contact that impedes the progress of an opponent with or without the ball.



CONTROL FOUL

A foul by the player in possession of the ball. Charging occurs when the offensive player initiates excessive physical contact with an opposing player that has established legal guarding position.



TRAVELING

When a player moves the pivot foot while still holding the ball, or takes more steps than allowed when taking a shot. A player may not dribble the ball, pick up the ball, and dribble again (Double Dribble).



3-SECOND VIOLATION

The key is the rectangular area under and in front of the basket extending to the free throw line. A player may not remain in the opponents' key for more than 3 consecutive seconds.







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TICKETS

View ticket options at HighlandersBasketball.ca
 Buy tickets at Tickets.CapeBreton.ca
 902.564.2200



VIP IN THE GAME HIGHLANDERS BASELINE OUTER BOWL SIDELINE CENTER BOWL

	OUTER BOWL	CENTER BOWL	COURTSIDE BASELINE	COURTSIDE SIDELINE	VIP IN THE GAME	SKYBOX
SINGLE GAME	\$10	\$15	\$20 ROW A \$15 ROW B&C	\$40 ROW A \$25 ROW B	\$50	\$30 x10 or 12 SEATS
SEASON TICKETS	NOT AVAILABLE	\$13 1 SEAT \$20 2 SEATS	SAME AS ABOVE	\$35 ROW A \$25 ROW B	\$50 ROW A \$30 ROW B	\$250 GAME FOR 12 SEATS
FLEX PACK	Flex Pack includes Center Bowl seats for any home games you choose. Share tickets with friends and family. 3 TICKETS \$39.99 8 TICKETS \$99.99					

PRICES INCLUDE ALL TAXES AND FEES. CHILDREN 3 AND UNDER ARE FREE WITHOUT SEAT.



20 HOME GAMES IN BLUE

DATE	PM	TEAM	DATE	PM	TEAM
NOV-21	7	ST. JOHN'S	JAN-27	7	PEI
NOV-23	7	SAINT JOHN	JAN-28	2	SAINT JOHN
NOV-26	2	MONCTON	FEB-01	7	KW
NOV-30	7	MONCTON	FEB-08	7	SAINT JOHN
DEC-01	7	PEI	FEB-10	7	MONCTON
DEC-06	7	WINDSOR	FEB-15	7	PEI
DEC-08	7	HALIFAX	FEB-18	2	HALIFAX
DEC-09	7	SAINT JOHN	FEB-23	7	HALIFAX
DEC-17	2	NIAGARA	FEB-25	2	PEI
DEC-19	7	MONCTON	MAR-03	7	PEI
DEC-20	11	AM MONCTON	MAR-08	7	MONCTON
DEC-22	7	HALIFAX	MAR-11	2	SAINT JOHN
DEC-26	7	SAINT JOHN	MAR-14	7	NIAGARA
DEC-29	7	HALIFAX	MAR-15	7	LONDON
JAN-05	7	HALIFAX	MAR-17	7	MONCTON
JAN-12	7	PEI	MAR-18	2	PEI
JAN-13	7	SAINT JOHN	MAR-25	2	HALIFAX
JAN-20	7	MONCTON	MAR-30	7	PEI
JAN-24	7	KW	MAR-31	7	HALIFAX
JAN-25	7	WINDSOR	APR-01	2	SAINT JOHN